



Family Support Organization of Hunterdon, Somerset, and Warren Counties

***Below is a list of our **FREE** upcoming workshops for **August**.
Light refreshments served at all.***

SPAN - Special Education Roundtable

Wednesday August 9th | 6:30pm to 8:30pm

The Arc of Hunterdon | 1465 Route 31 South, Suite 23 | Annandale, NJ 08801

This is an opportunity to meet face to face and exchange ideas around what works to enhance and sustain family engagement in schools to improve outcomes for children with disabilities.

To RSVP: <http://bit.ly/2gXZuo8>

Sensory Friendly Movie Night Featuring: WALL-E

Friday August 11th | 6:00pm to 8:00pm

Somerville Public Library | 34 West End Avenue | Somerville, NJ

Audience members are welcome to get up and dance, walk, shout, or even sign! Quiet policy will not be enforced. See flyer for full details.

To RSVP: <http://bit.ly/2qo2gH4>

Is Shopping On A Budget Possible?

Thursday August 17th | 6:00pm to 8:00pm

Housing Community Room | 535 Fisher Avenue | Phillipsburg, NJ

Education workshop that focuses on balanced meal planning budgeting. In this workshop you will prepare your own shopping list using a Shoprite circular and learn how to prepare new, creative meals using low-cost food items.

To RSVP: aruiz@fso-hsw.org

Hidden in Plain Sight

Tuesday August 29th | 6:00pm to 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

Looks Can Be Deceiving... At first glance it appears to be the bedroom of an average teenager. However, amidst the clutter and clothing scattered on the floor, school supplies on the desk and personal care products on the vanity, there are more than 150 items that can be clues that a young person may be involved in risky, dangerous and even illegal activities.

To RSVP: aruiz@fso-hsw.org



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Addiction is a Disease of the Brain

Thursday August 31st | 6:00pm to 8:00pm

EmPoWER Family Success Center | 34 West Main Street | 2nd Floor | Somerville, NJ

This workshop discusses addiction as a brain disease, describing what goes on in the brain. Risk factors and protective factors will also be addressed for addiction; what puts people at risk. The effects of substance use on developing brains will be highlighted also with focus on specific substances.

To RSVP: aruiz@fso-hsw.org



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Youth Partnership: For more information, to enroll a youth or to arrange transportation, please contact Stephanie Billitz: sbillitz@fso-hsw.org or 908-223-1191 ext. 12

The mission of **Youth Partnership** is to provide social, recreational, empowerment, leadership and community service opportunities in a diverse and supportive environment for our youth. FSO's Youth Partnership is for youth 13 - 21 years of age with emotional, behavioral or mental health challenges.

Youth Partnership – Somerset County

Friday August 4th | 6:00pm to 8:00pm

EmPoWER Family Success Center | 34 West Main Street | 2nd floor | Somerville, NJ

Girls Empowerment

Wednesday August 2nd | 6:00pm to 7:30pm

Wednesday August 16th | 6:00pm to 7:30pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

Youth Partnership – Hunterdon County

Thursday August 10th | 6:00pm to 8:00pm

Hunterdon Central Regional High School (Behind Costco) | 11/12 Atrium – By the Main Doors to the Building (Near Front Desk/Commons Area) | 84 NJ-31 | Flemington, NJ

Youth Partnership – Hunterdon County

Friday August 18th | 6:00pm to 8:00pm

The CEA School | 11 Minneakoning Rd | Flemington, NJ

Youth Partnership – Warren County

Friday August 25th | 6:00pm to 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ



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**Support Groups: Questions regarding Support Groups please contact:
sniestedt@fso-hsw.org or call 908-223-1191 ext. 16**

Proactive Parenting

Friday August 4th | 6:00pm to 8:00pm

EmPoWER Family Success Center | 34 West Main Street | Third Floor Office |
Somerville, NJ

DD/ID Support Group

Tuesday August 8th | 6:00pm to 8:00pm

Montgomery Academy | 188 Mount Airy Road | Basking Ridge, NJ

DD/ID Support Group - Hunterdon County

Thursday August 10th | 6:00pm to 8:00pm

Hunterdon Central Regional High School (Behind Costco) | 11/12 Atrium – By the Main
Doors to the Building (Near Front Desk/Commons Area) | 84 NJ-31 | Flemington, NJ

Hunterdon County Evening Support Group

Friday August 18th | 6:00pm to 8:00pm

The CEA School | 11 Minneakoning Rd | Flemington NJ

Warren County Evening Support Group

Friday August 25th | 6:00pm to 8:00pm

Family Support Organization | 315 W. Washington Avenue | 2nd floor Conference Room
| Washington, NJ