



Family Support Organization of Hunterdon, Somerset, and Warren Counties

***Below is a list of our upcoming **FREE** Workshops/Support Groups for **January**.
Light refreshments are served at all.***

safeTALK – Help Someone When They Need It Most – Suicide Prevention

Tuesday January 17th | 6:00pm to 9:00pm

Hunterdon Medical Center | 2100 Westcott Drive | Board Room | Flemington, NJ

In this workshop, participants will learn to identify people who have thoughts of suicide, how to ask them about the possibility of suicide and connect them to life saving resources.

To RSVP: aruiz@fso-hsw.org

Youth in Crisis – A Two Part Workshop Series

January 18th (Workshop) - 6:00pm to 8:00pm

January 19th (Meet the Providers) – 6:00pm to 8:00pm

Housing Community Room | 535 Fisher Avenue | Phillipsburg, NJ

January 18th – Participants will learn about the following topics: What is a crisis for youth? What do we do to prevent it? How does loss interplay with crisis? Stressors and crisis. What skills do we need as parents?

January 19th – A panel of Warren County Providers including Family Crisis Intervention Unit, Mobile Response Stabilization Services (Catholic Charities), School Based Youth Services (Phillipsburg), Warren County Department of Human Services (Substance Abuse Services), St. Luke's Warren Behavioral DASACC (Domestic Abuse & Sexual Assault Crisis Center of Warren County) will provide information on services for youth in crisis and their families followed by a question and answer period.

To RSVP: aruiz@fso-hsw.org

Basic Rights in Special Education – Introduction to the Special Education Process

January 19th | 6:30pm to 8:30pm

Empower Family Success Center | 34 West Main Street | 2nd Floor | Somerville, NJ

This presentation provides families with an introduction to their rights and responsibilities as parents of children with special needs under the Individuals with the Disabilities Education Act.

To RSVP: <http://bit.ly/2hNsaNd>



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Say What? Understanding Verbal & Nonverbal Communication

January 25th | 6:00pm to 8:00pm

Early Childhood Learning Center | 459 Center Street | Phillipsburg, NJ

Participants will learn about: communication milestones, the difference between speech and language, how children use behavior as a form of expression. Participants will also learn how to facilitate functional communication and stimulate speech and language skills during daily activities.

To RSVP: aruiz@fso-hsw.org



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Youth Partnership: For more information, to enroll a youth or to arrange transportation, please contact: sbillitz@fso-hsw.org or 908-223-1191 Ext. 12

The mission of **Youth Partnership** is to provide social, recreational, empowerment, leadership and community service opportunities in a diverse and supportive environment for our youth. FSO's Youth Partnership is for youth 13 - 21 years of age with emotional, behavioral or mental health challenges.

Youth Partnership – Somerset County

Friday January 6th | 6:00pm to 8:00pm

Empower Family Success Center, 34 West Main Street, 2nd floor, Somerville, NJ

Girls Empowerment

Wednesday January 4th | 6:00pm to 7:30pm

Wednesday January 18th | 6:00pm to 7:30pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

Girls Empowerment is a series of structured, activity based support groups for girls aged 13-17. The main focus of the group is to empower young women to develop the necessary abilities to reach their fullest potential. Girls are encouraged to meet new friends and voice their ideas in a safe environment.

Youth Partnership – Hunterdon County

Friday January 20th | 6:00pm to 8:00pm

The CEA School | 11 Minneakoning Rd | Flemington NJ

Youth Partnership – Warren County

Friday January 27th | 6:00pm to 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ



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**Support Groups: Questions regarding Support Groups please contact:
edeusinger@fso-hsw.org or call 908-223-1191**

Proactive Parenting

Friday January 6th | 6:00pm to 8:00pm ****NEW DATE – Coincides with
date/time/location of the Somerset County Youth Partnership****

Empower Family Success Center | 34 West Main Street | Third Floor Office | Somerville,
NJ

DD/ID Support Group

Tuesday January 10th | 6:00pm to 8:00pm

Montgomery Academy | 188 Mount Airy Road | Basking Ridge, NJ

Autism Support Group

Wednesday January 11th | 6:00pm to 7:30pm

Early Childhood Learning Center | 459 Center Street | Phillipsburg, NJ

DD/ID Support Group

Thursday January 12th | 6:00pm to 8:00pm

REACH Beyond Therapy | 466 Route 12 | Flemington, NJ

Hunterdon County Evening Support Group

Friday January 20th | 6:00pm to 8:00pm

The CEA School | 11 Minneakoning Rd | Flemington NJ

Warren County Evening Support Group

Friday January 27th | 6:00pm to 8:00pm

Family Support Organization | 315 W. Washington Avenue | 2nd floor Conference Room
| Washington, NJ