



Family Support Organization of Hunterdon, Somerset, and Warren Counties

***Below is a list of our **FREE** upcoming workshops for **December**.
Light refreshments served at all.***

Autism NJ Presents: Understanding & Improving Challenging Behavior

Tuesday December 5th | 6:00pm – 8:00pm

Early Childhood Learning Center | 459 Center Street | Phillipsburg, NJ

Participants will learn about identifying common functions of challenging behaviors, implementing strategies for preventing and changing behaviors, and monitoring progress. Learn a 7-step plan involving proactive steps that can be taken to teach more appropriate behaviors and significantly improve life.

To RSVP: aruiz@fso-hsw.org

Parent Networking Night & Transition Fair

Thursday December 7th | 6:00pm to 8:00pm

Montgomery Academy | 188 Mount Airy Road | Basking Ridge, NJ

Area providers will be available to discuss services and answer questions, network with both parents and providers to learn more about local services, meet and collaborate with parents who share similar circumstances and expand your network of support.

Providers in attendance will be Family Support Organization, Montgomery Academy, Practical Insights, LLC, Somerset Children's center, Shift NJ, TJP Wealth Solutions, Community Options Enterprises, Branchburg High Focus Centers, SPAN, Certified Fitness for Special Needs/Healthy U Fitness Studio, Allied Wealth Partners, Special Needs Division, Raritan Valley Community College, The Arc of New Jersey Family Institute, Cosner Youngelson, Allied Wealth Partners Special Needs Division, Mitchell College/Thames at Mitchell College, Abilities of Northwest Jersey, Inc., The Center for Educational Advancement, Kwenyan and Associates, Summit Camp, Division of Vocational Rehabilitation Services, and NJ Division of Developmental Disabilities

To RSVP: aruiz@fso-hsw.org

All workshops and support groups are FREE and open to the Public! Workshops are subject to change and cancellation. Seating is limited and registration is recommended. Individuals who have preregistered will be notified of changes/cancellations. Please call the Family Support office at 908.223.1191 to confirm the date, time and location of the workshop if you wish to attend but have not preregistered.



Family Support Organization of Hunterdon, Somerset, and Warren Counties

Youth Partnership: For more information, to enroll a youth or to arrange transportation, please contact Stephanie Billitz: sbillitz@fso-hsw.org or 908-223-1191 ext. 12

The mission of **Youth Partnership** is to provide social, recreational, empowerment, leadership and community service opportunities in a diverse and supportive environment for our youth. FSO's Youth Partnership is for youth 13 - 21 years of age with emotional, behavioral or mental health challenges.

Youth Partnership – Somerset County

Friday December 1st | 6:00pm to 8:00pm

EmPoWER Family Success Center | 34 West Main Street | 2nd floor | Somerville, NJ

Girls Empowerment

Wednesday December 6th | 6:00pm to 7:30pm

Wednesday December 20th | 6:00pm to 7:30pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

Youth Partnership – Hunterdon County

Thursday December 14th | 6:00pm to 8:00pm

Hunterdon Central Regional High School (Behind Costco) | 11/12 Atrium – By the Main Doors to the Building (Near Front Desk/Commons Area) | 84 NJ-31 | Flemington, NJ

Youth Partnership – Hunterdon County

Friday December 15th | 6:00pm to 8:00pm

The CEA School | 11 Minneakoning Rd | Flemington, NJ

Youth Partnership – Warren County

Friday December 22nd | 6:00pm to 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

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Girls Circle

Monday December 4th | 6:00pm to 7:30pm

Thursday December 7th | 6:00pm to 7:30pm

Monday December 11th | 6:00pm to 7:30pm

Thursday December 14th | 6:00pm to 7:30pm

Monday December 18th | 6:00pm to 7:30pm

Thursday December 21st | 6:00pm to 7:30pm

REACH Beyond Therapy | 466 NJ-12 | Flemington, NJ 08822

Girls Circle is an eight-week workshop for girls ages 13-18. This workshop provides tools to create, restore, and sustain healthy relationships. Come meet new friends and participate in activities and discussions regarding Body Image.

To RSVP: Contact Stephanie at sbillitz@fso-hsw.org or 908-223-1191 ext. 12

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Family Support Organization of Hunterdon, Somerset, and Warren Counties

**Support Groups: Questions regarding Support Groups please contact:
snienstedt@fso-hsw.org or call 908-223-1191 ext. 16**

Proactive Parenting

Friday December 1st | 6:00pm to 8:00pm
EmPoWER Family Success Center | 34 West Main Street | Third Floor Office |
Somerville, NJ

DD/ID Support Group

Tuesday December 12th | 6:00pm to 8:00pm
Montgomery Academy | 188 Mount Airy Road | Basking Ridge, NJ

Autism Support Group

Wednesday December 13th | 6:00pm to 7:30pm
Early Childhood Learning Center | 459 Center Street | Phillipsburg, NJ

DD/ID Support Group - Hunterdon County

Thursday December 14th | 6:00pm to 8:00pm
Hunterdon Central Regional High School (Behind Costco) | 11/12 Atrium – By the Main
Doors to the Building (Near Front Desk/Commons Area) | 84 NJ-31 | Flemington, NJ

Hunterdon County Evening Support Group

Friday December 15th | 6:00pm to 8:00pm
The CEA School | 11 Minneakoning Rd | Flemington NJ

Warren County Evening Support Group

Friday December 22nd | 6:00pm to 8:00pm
Family Support Organization | 315 W. Washington Avenue | 2nd Floor Conference Room
| Washington, NJ

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