



Family Support Organization of Hunterdon, Somerset, and Warren Counties

***Below is a list of our **FREE** upcoming workshops for **February**.
Light refreshments served at all.***

SPAN – What Happens When You & The School Don't Agree

Thursday February 1st | 6:00pm to 8:00pm

Harvest Family Success Center | 87 Park Avenue | Flemington, NJ

Procedural safeguards are the protections afforded students and their families by the Individuals with Disabilities Education Act. This workshop will provide information on parental rights under the NJ Administrative Code pertaining to written notice, consent, confidentiality, access to records, dispute resolution procedures, and more.

To RSVP: http://bit.ly/SPANFeb_1st

Trauma – How It Impacts the Individual and Those Around Them

Tuesday February 6th | 6:00pm to 8:00pm

TriCounty CMO | 1st Floor Conference Room | 3040 Route 22 West | Branchburg, NJ

This presentation will review the different forms and symptoms of trauma and how it will impact the brain, relationships, and family dynamics. It will also explore secondary trauma, which impacts family friends and providers. It will provide information on treatment, how to be supportive, and self-care for all impacted by trauma.

To RSVP: aruiz@fso-hsw.org

SPAN – NJ Resources for Families

Tuesday February 20th | 6:00pm to 8:00pm

Harvest Family Success Center | 87 Park Avenue | Flemington, NJ

This workshop will cover the many resources available in NJ for families with special needs. There will be an overview of government agencies, education programs, community service providers and disability specific to organizations.

To RSVP: <http://bit.ly/SPANFeb20th>

Guardianship

Thursday February 22nd | 6:00pm to 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

The purpose of this workshop is to educate families who have a loved one with a significant disability about the importance of planning for the individual's future support. Planning Lifetime Assistance Network of NJ (PLAN/NJ) will guide families in this estate planning and life-long support process.

To RSVP: aruiz@fso-hsw.org

All workshops and support groups are FREE and open to the Public! Workshops are subject to change and cancellation. Seating is limited and registration is recommended. Individuals who have preregistered will be notified of changes/cancellations. Please call the Family Support office at 908.223.1191 to confirm the date, time and location of the workshop if you wish to attend but have not preregistered.



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Youth Partnership: For more information, to enroll a youth or to arrange transportation, please contact Stephanie Billitz: sbillitz@fso-hsw.org or 908-223-1191 ext. 12

The mission of **Youth Partnership** is to provide social, recreational, empowerment, leadership and community service opportunities in a diverse and supportive environment for our youth. FSO's Youth Partnership is for youth 13 - 21 years of age with emotional, behavioral or mental health challenges.

Girls Empowerment

Wednesday February 7th | 6:00pm to 7:30pm

Wednesday February 21st | 6:00pm to 7:30pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

Youth Partnership – Somerset County

Friday February 2nd | 6:00pm to 8:00pm

EmPoWER Family Success Center| 34 West Main Street| 2nd floor| Somerville, NJ

Youth Partnership – Hunterdon County

Thursday February 8th| 6:00pm to 8:00pm

Hunterdon Central Regional High School (Behind Costco) | 11/12 Atrium – By the Main Doors to the Building (Near Front Desk/Commons Area) | 84 NJ-31 | Flemington, NJ

Youth Partnership – Hunterdon County

Friday February 16th | 6:00pm to 8:00pm

The CEA School | 11 Minneakoning Rd | Flemington, NJ

Youth Partnership – Warren County

Friday February 23rd | 6:00pm to 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

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Touch Choices – Beyond Anger Management – 8 Week Series

Tuesday February 6th | 6:00pm to 8:00pm

Tuesday February 13th | 6:00pm to 8:00pm

Tuesday February 20th | 6:00pm to 8:00pm

Tuesday February 27th | 6:00pm to 8:00pm

Tuesday March 6th | 6:00pm to 8:00pm

Tuesday March 13th | 6:00pm to 8:00pm

Family Support Organization | 315 West Washington Avenue | Community Center | Washington, NJ

Youth ages 13-18 can learn the tools necessary to become fully functional and mature adults. They can gain insight and practice skills needed to recognize a full range of emotions and behaviors and the skills to express them productively.

To Register: sbillitz@fso-hsw.org

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**Support Groups: Questions regarding Support Groups please contact:
sniestedt@fso-hsw.org or call 908-223-1191 ext. 16**

Proactive Parenting

Friday February 2nd | 6:00pm to 8:00pm
EmPoWER Family Success Center | 34 West Main Street | Third Floor Office |
Somerville, NJ

DD/ID Support Group - Hunterdon County

Thursday February 8th | 6:00pm to 8:00pm
Hunterdon Central Regional High School (Behind Costco) | 11/12 Atrium – By the Main
Doors to the Building (Near Front Desk/Commons Area) | 84 NJ-31 | Flemington, NJ

DD/ID Support Group

Tuesday February 13th | 6:00pm to 8:00pm
Montgomery Academy | 188 Mount Airy Road | Basking Ridge, NJ

Hunterdon County Evening Support Group

Friday February 16th | 6:00pm to 8:00pm
The CEA School | 11 Minneakoning Rd | Flemington NJ

Warren County Evening Support Group

Friday February 23rd | 6:00pm to 8:00pm
Family Support Organization | 315 W. Washington Avenue | 2nd Floor Conference Room
| Washington, NJ

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