



Family Support Organization of Hunterdon, Somerset, and Warren Counties

Below is a list of our **FREE** upcoming workshops for **January**.

An Evening with Christine Norbut Beyer, M.S.W.

Wednesday, January 9th | 6:00pm – 8:30pm

Hunterdon County Library Headquarters | 314 State Route 12 | Building #3
|Flemington, NJ

We are inviting our FSO-HSW families for the unique opportunity to share and discuss your ideas, experiences, successes and challenges working within the Children's System of Care at the highest level of leadership.

To RSVP: aruiz@fso-hsw.org – *Space is Limited!*

Taking Care of Yourself When Your Child Has Autism

Tuesday January 15th | 6:00pm – 8:00pm

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

Come to this open forum to discuss how you handle stressful situations. A wide range of practical strategies for coping with stress will be discussed. Participants will be encouraged to share experiences about how they maintain energy, enthusiasm, humor, and a positive outlook on life. The entire family benefits when parents can manage the challenges and enjoy the good times. This discussion will enhance your mind, body, and spirit.

To RSVP: aruiz@fso-hsw.org



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Youth Partnership: For more information, to enroll a youth or to arrange transportation, please contact 908-223-1191 ext. 12

The mission of **Youth Partnership** is to provide social, recreational, empowerment, leadership and community service opportunities in a diverse and supportive environment for our youth. FSO's Youth Partnership is for youth 13 - 21 years of age with emotional, behavioral or mental health challenges.

Girls Empowerment

Wednesday January 2nd | 6:00pm to 7:30pm

Wednesday January 16th | 6:00pm to 7:30pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

Youth Partnership – Somerset County

Friday January 4th | 6:00pm to 8:00pm

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

Youth Partnership – Warren County Movie Night

Thursday January 10th | 6:00pm to 8:30pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

Rock the Borough

Friday January 11th | 6:00pm – 10:00pm

The Vault Youth Center | 19 Belvidere Avenue | Washington, NJ

Youth Partnership – Hunterdon County **At this location this month only****

Friday January 18th | 6:00pm to 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

Youth Partnership – Warren County

Friday January 25th | 6:00pm to 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

All workshops and support groups are FREE and open to the Public! Workshops are subject to change and cancellation. Seating is limited and registration is recommended. Individuals who have preregistered will be notified of changes/cancellations. Please call the Family Support office at 908.223.1191 to confirm the date, time and location of the workshop if you wish to attend but have not preregistered.



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**Support Groups: Questions regarding Support Groups please contact:
908-223-1191 ext. 12**

Proactive Parenting Support Group – Believe in the Therapeutic Value of One Family Helping Another!

Friday January 4th | 6:00pm to 8:00pm

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

Warren County Evening Support Group

Friday January 25th | 6:00pm to 8:00pm

Family Support Organization | 315 W. Washington Avenue | 2nd Floor Conference Room
| Washington, NJ

Somerset County Daytime Support Group

Friday January 29th | 9:30am to 11:00am

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

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