



## **Family Support Organization of Hunterdon, Somerset, and Warren Counties**

***Below is a list of our **FREE** upcoming workshops for **March**.***

### **Taking Care of Yourself When Your Child Has Autism**

***Tuesday March 5th | 6:00pm – 8:00pm***

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ  
Come to this open forum to discuss how you handle stressful situations. A wide range of practical strategies for coping with stress will be discussed. Participants will be encouraged to share experiences about how they maintain energy, enthusiasm, humor, and a positive outlook on life. The entire family benefits when parents can manage the challenges and enjoy the good times. This discussion will enhance your mind, body, and spirit.

To RSVP: [aruiz@fso-hsw.org](mailto:aruiz@fso-hsw.org)

### **How to Approach an IEP Meeting to Get the Services Your Child Needs**

***Thursday March 14th | 6:00pm – 8:00pm***

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ  
This workshop will focus on documenting the services and supports a student is entitled to, along with the proper drafting of goals and objectives. Common pitfalls to be avoided and collaborative advocacy tips will also be discussed. Attendees should walk away feeling prepared to advocate for their child and secure an ironclad IEP. This 90-minute presentation includes a Q&A at the end.

To RSVP: [aruiz@fso-hsw.org](mailto:aruiz@fso-hsw.org)

### **Warren County Health Forum**

***Thursday March 28th | 6:00pm – 8:30pm***

Hackettstown Medical Center | Center for Healthy Living | 108 Bilby Road |  
Hackettstown, NJ

This workshop includes presentations from the Nurtured Hearth Approach, Impact of Addiction on Families, Behavior in the Classroom, and Helping Anxious Kids.

To RSVP: [aruiz@fso-hsw.org](mailto:aruiz@fso-hsw.org)



## **Family Support Organization of Hunterdon, Somerset, and Warren Counties**

**Youth Partnership: For more information, to enroll a youth or to arrange transportation, please contact 908-223-1191 ext. 12**

The mission of **Youth Partnership** is to provide social, recreational, empowerment, leadership and community service opportunities in a diverse and supportive environment for our youth. FSO's Youth Partnership is for youth 13 - 21 years of age with emotional, behavioral or mental health challenges.

### **Youth Partnership – Somerset County**

***Friday March 1st*** | 6:00pm to 8:00pm

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

### **Youth Partnership – Warren County Movie Night**

***Thursday March 14th*** | 6:00pm to 8:30pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

### **Youth Partnership – Hunterdon County**

***Friday March 15th*** | 6:00pm to 8:00pm

Hunterdon Medical Center | 2100 Wescott Dr. | Main Entrance Conference Room A/B | Flemington, NJ

### **Youth Partnership – Warren County**

***Friday March 22nd*** | 6:00pm to 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

All workshops and support groups are FREE and open to the Public! Workshops are subject to change and cancellation. Seating is limited and registration is recommended. Individuals who have preregistered will be notified of changes/cancellations. Please call the Family Support office at 908.223.1191 to confirm the date, time and location of the workshop if you wish to attend but have not preregistered.



## **Family Support Organization of Hunterdon, Somerset, and Warren Counties**

**Support Groups: Questions regarding Support Groups please contact:  
908-223-1191 ext. 12**

### **Spanish Speaking Support Group**

***Friday March 1st*** | 10am – 11:30pm

Harvest Family Success Center | 87 Park Avenue | Flemington, NJ

### **Proactive Parenting Support Group – Believe in the Therapeutic Value of One Family Helping Another!**

***Friday March 1st*** | 6:00pm to 8:00pm

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

### **Hunterdon County Support Group**

***Friday March 15th*** | 6:00pm to 8:00pm

Hunterdon Medical Center | 2100 Wescott Dr. | Main Entrance Conference Room A/B | Flemington, NJ

### **Warren County Support Group**

***Friday March 22nd*** | 6:00pm to 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

### **Somerset County Daytime Support Group**

***Friday Tuesday 26th*** | 9:30am to 11:00am

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

### **Somerset County Spanish Speaking Support Group**

***Friday Tuesday 26th*** | 5:00pm to 7:00pm

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

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