



Family Support Organization of Hunterdon, Somerset, and Warren Counties

*Below is a list of our **FREE** upcoming workshops for **May**.*

Nurtured Heart Approach

Wednesday May 8th | 6:00pm – 8:30pm

Hunterdon Central Regional High School | The Little Theatre | 84 Route 31 (Flemington Junction Road – 11/12 Campus)

This workshop will focus on taking the 3 stands: Refusing negativity, celebrating success – no matter how small, establishing clear rules and consequences

RSVP recommended to: tbaffuto@ccdom.org

Making Youth Agencies Partners in Youth Suicide Prevention

Tuesday May 14th | 11:30am – 1:00pm

Warren County Library | Southwest Branch | 404 Route 519 | Phillipsburg, NJ

This presentation will focus on the critical but limited role agencies have in the suicide prevention process.

To RSVP: kyle@sptsusa.org

Mental Health Field Day

Saturday May 18th | 12:00pm – 6:00pm – *Rain Date: May 19th*

Meadow Breeze Park | 22 Meadow Breeze Lane | Washington, NJ

Live music, food & giveaways, kindness rocks, games, sports, and more!

Raising Resilient Teens in Challenging Times

Thursday May 23rd | 6:30pm

Traditions Family Success Center | 712 South Main Street | Phillipsburg, NJ

This parent presentation focuses on building strength and resilience in our children and teens, with emphasis on: how to talk to your teens on difficult topics, empowering parents & guardians, understanding warning signs and risk factors, data & statistics, and more.

To RSVP: aruiz@fso-hsw.org – *Spanish translation available as well as childcare options. Please indicate if you need either when RSVP'ing.*

Turning 18: Guardianship, Social Security, Medicaid, and Waiting Lists

Thursday May 30th | 6:00pm – 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

This workshop will focus on government programs for adults with disabilities that typically begin at age 18, including Supplemental Security Income (SSI) and Medicaid.

To RSVP: aruiz@fso-hsw.org

All workshops and support groups are FREE and open to the Public! Workshops are subject to change and cancellation. Seating is limited and registration is recommended. Individuals who have preregistered will be notified of changes/cancellations. Please call the Family Support office at 908.223.1191 to confirm the date, time and location of the workshop if you wish to attend but have not preregistered.



Family Support Organization of Hunterdon, Somerset, and Warren Counties

Youth Partnership: For more information, to enroll a youth or to arrange transportation, please contact 908-223-1191 ext. 12

The mission of **Youth Partnership** is to provide social, recreational, empowerment, leadership and community service opportunities in a diverse and supportive environment for our youth. FSO's Youth Partnership is for youth 13 - 21 years of age with emotional, behavioral or mental health challenges.

Somerset County - Youth Partnership

Friday May 3rd | 6:00pm - 8:00pm

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

Warren County Movie Night - Youth Partnership

Thursday May 9th | 6:00pm - 8:30pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

Hunterdon County - Youth Partnership

Friday May 17th | 6:00pm - 8:00pm

Hunterdon Medical Center | 2100 Wescott Dr. | Main Entrance Conference Room A/B | Flemington, NJ

Warren County - Youth Partnership

Friday May 24th | 6:00pm - 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ



Family Support Organization of Hunterdon, Somerset, and Warren Counties

**Support Groups: Questions regarding Support Groups please contact:
908-223-1191 ext. 12**

Hunterdon County Spanish Speaking Support Group

Friday May 3rd | 10:00am – 11:30pm

Friday May 17th | 10:00am – 11:30pm

Harvest Family Success Center | 87 Park Avenue | Flemington, NJ

Somerset County Support Group

Friday May 3rd | 6:00pm - 8:00pm

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

Hunterdon County Spanish Speaking Support Group

Tuesday May 8th | 10:00am - 11:30am

Salvation Army | 40 East Main Street | Flemington, NJ

Hunterdon County Support Group – *Kick Off Featuring Nurtured Heart*

Friday May 17th | 6:00pm - 8:00pm

Hunterdon Medical Center | 2100 Wescott Dr. | Main Entrance Conference Room A/B | Flemington, NJ

Warren County Spanish Speaking Support Group

Wednesday May 22nd | 10:00am – 12:00pm

Hackettstown Free Public Library | 110 Church Street | Hackettstown, NJ

Warren County Support Group

Friday May 24th | 6:00pm - 8:00pm

Family Support Organization | 315 W. Washington Avenue | Community Center | Washington, NJ

Somerset County Daytime Support Group

Tuesday May 28th | 9:30am - 11:00am

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

Somerset County Spanish Speaking Support Group

Tuesday May 28th | 5:00pm - 7:00pm

Pioneer Family Success Center | 50 Division Street | Suite 303 | Somerville, NJ

All workshops and support groups are FREE and open to the Public! Workshops are subject to change and cancellation. Seating is limited and registration is recommended. Individuals who have preregistered will be notified of changes/cancellations. Please call the Family Support office at 908.223.1191 to confirm the date, time and location of the workshop if you wish to attend but have not preregistered.