

FEBRUARY 2020

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4 The Parent Café Hunterdon County SG 9:30am - 12:30pm Venga a Tomar Cafe Somerset County SG 10:00am - 12:00pm	5	6	7 The Parent Café Somerset County SG 6:00pm - 8:00pm Somerset Cty. YP 6:00pm - 8:00pm	8
9	10	11 The Parent Café Warren County SG 10:00am - 12:00pm Mamas Sin Miedo Spanish Speaking SG 10:30am - 12:00pm	12	13 Warren County Movie Night 6:00pm - 8:30pm Mindful Self-Compassion & Compassion for Others 6:15pm - 8:15pm	14 	15
16	17	18	19 Youth Mental Health First Aid 9:00am - 1:15pm	20 Suicide The Ripple Effect 6:00pm - 8:00pm	21 The Parent Café Hunterdon County SG 6:00pm - 8:00pm Hunterdon Cty. YP 6:00pm - 8:00pm	22
23	24	25 The Parent Café Somerset County SG 10:00am - 12:00pm Mamas Sin Miedo Spanish Speaking SG 10:30am - 12:00pm	26 Youth Mental Health First Aid 9:00am - 1:15pm	27	28 Lindos Rompecabezas 10:30am - 12:00pm The Parent Café Warren County SG 6:00pm - 8:00pm Warren Cty. YP 6:00pm - 8:00pm	29

All workshops and support group programs are FREE and open to the public. Workshops are subject to change and cancellation. Seating is limited and registration is recommended. Individuals who are preregistered will be notified of changes/cancellations. Please call the Family Support Office at 908.223.1191 to confirm the date, time, and location of the workshop if you wish to attend, but have not preregistered.