



Family Support Organization of Hunterdon, Somerset, and Warren Counties

*Suggested Webinars Hosted by FSO in **July**.*

Nurtured Heart Approach Summer Series – Absolutely No!

Thursday, July 9th | 12:00pm

Registration Preferred not Required: aruiz@fso-hsw.org

Click [HERE](#) for Zoom Information.

Nurtured Heart Approach Summer Series – Absolutely Yes!

Thursday, July 16th | 12:00pm

Registration Preferred not Required: aruiz@fso-hsw.org

Click [HERE](#) for Zoom Information

Nurtured Heart Approach Summer Series – Absolutely Clear!

Thursday, July 23th | 12:00pm

Registration Preferred not Required: aruiz@fso-hsw.org

Click [HERE](#) for Zoom Information



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Youth Partnership: Important Note: Registration is required for our Youth Partner Via Zoom. Please contact Roy Kurre (rkurre@fso-hsw.org) for more details.

The mission of **Youth Partnership** is to provide social, recreational, empowerment, leadership and community service opportunities in a diverse and supportive environment for our youth. FSO's Youth Partnership is for youth 13 - 21 years of age with emotional, behavioral or mental health challenges.

Friday, July 3rd @ 4:00pm

Friday, July 10th @ 4:00pm

Friday, July 17th @ 4:00pm

Friday, July 24th @ 4:00pm

Friday, July 31st @ 4:00pm

All workshops and support groups are FREE and open to the Public! Workshops are subject to change and cancellation. Seating is limited and registration is recommended. Individuals who have preregistered will be notified of changes/cancellations. Please call the Family Support office at 908.223.1191 to confirm the date, time and location of the workshop if you wish to attend but have not preregistered.



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Support Groups: Please note: All Support Groups will be held via Zoom for the month of July No registration is needed! Please contact Penelope Griffin (pgriffin@fso-hsw.org) with any questions.

Zoom Afternoons (Monday's at 2pm)

Click [HERE](#) for link to webinar.

Need an afternoon break? Join us for Zoom Afternoons to talk with other parents and caretakers about concerns and resources!

Monday, July 6th @ 2:00pm

Monday, July 13th @ 2:00pm

Monday, July 20th @ 2:00pm

Monday, July 27th @ 2:00pm

The Morning Connection (Wednesday's at 11:00am)

Click [HERE](#) for link to webinar.

Looking for a quick morning break and resources for the rest of your day? Join us for The Morning Connection to jumpstart your afternoon!

Wednesday, July 1st @ 11:00am

Wednesday, July 8th @ 11:00am

Wednesday, July 15th @ 11:00am

Wednesday, July 22nd @ 11:00am

Wednesday, July 29th @ 11:00am

The Supportive Peer Network (Thursday's at 4:00pm)

Click [HERE](#) for link to webinar.

A network support group for the community to come together for open discussion and share resources. This group is open to everyone including but not limited to parents, caregivers, guidance counselors, teachers, and agency partners.

Thursday, July 2nd @ 4:00pm

Thursday, July 9th @ 4:00pm

Thursday, July 16th @ 4:00pm

Thursday, July 23rd @ 4:00pm

Thursday, July 30th @ 4:00pm

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Tenga en cuenta: todos los grupos de apoyo se realizarán a través de Zoom durante el mes de Junio. Por favor, póngase en contacto con Sonia Ron (sron@fso-hsw.org). con cualquier pregunta

"Zoom Tardes" (martes a las 2pm)

Haga clic [AQUÍ](#) para ver el enlace a la reunión web.

¿Necesita un descanso por la tarde? ¡Únase a nosotros para **"Zoom Tardes"** para hablar con otros padres y cuidadores sobre inquietudes y recursos!

****Copatrocinado por la Organización de Apoyo Familiar y Healing Partners****

Apoyo familiar

Martes 2-3pm

Martes, Julio 7th @ 2pm

Martes, Julio 14th @ 2pm

Martes, Julio 21st @ 2pm

Martes, Julio 28th @ 2pm

"Zoom de Apoyo" (jueves a las 5pm)

Haga clic [AQUÍ](#) para ver el enlace a la reunión web.

¿Necesita soporte emocional? ¡Únase a nosotros para **"Zoom de Apoyo"** para hablar sobre inquietudes y recursos para personas con sobrepeso y diabetes!

****Copatrocinado por la Organización de Apoyo Familiar y Healing Partners****

Soporte emocional

Jueves 5pm-6pm

Jueves, Julio 2nd @ 5pm

Jueves, Julio 9th @ 5pm

Jueves, Julio 16th @ 5pm

Jueves, Julio 23rd @ 5pm

Jueves, Julio 30th @ 5pm