



FAMILY SUPPORT ORGANIZATION OF HUNTERDON SOMERSET WARREN

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“Of all the love your soul craves, it craves yours the most”- unknown



Informational Session:

Monday, March 16, 2026

6:00-7:00 PM via Zoom

Join us for our in-person Spring Series 2026!

Wednesday, March 18

Wednesday, March 25

Wednesday, April 1

Wednesday, April 8

Wednesday, April 15

Time: 5:30-7:30 PM

*If interested in participating, please
RSVP by March 13, 2026 to Melody
Stubbs, YP/Community Outreach
Coordinator at*

mstubbs@fso-hsw.org

“CONFIDENCE COLLECTIVE” -- Female Mentoring Program

“CONFIDENCE COLLECTIVE” is a five-week female mentoring series facilitated by the Family Support Organization of Hunterdon Somerset Warren Counties (FSO-HSW) for young women between the ages of 13-18 in Warren County. Our mission is to empower young women by fostering self-love, building strong community connections, and cultivating lasting self-esteem, equipping them with the confidence to thrive.

Our program is designed to foster self-love in young women through engaging activities and mentorship. Caring and experienced mentors will lead workshops on topics, such as yoga and meditation, emotional awareness, interpersonal skill development, body positivity, and more. Upon completing the program, participants will be honored in a special ceremony recognizing her growth, achievements, and journey towards self-empowerment.