Family Support Organization
HUNTERDON • SOMERSET • WARREN

October 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October is Domestic Violence, and Breast Cancer Awareness Month			1 *Thriving Together Mom Support Group* *12:00-1:30pm* Hunterdon Youth Partnership 5:00PM-7:00PM	2	3
5 Warren Youth Partnership 5:00PM-7:00PM	6 Somerset Youth Partnership 5:00PM-7:00PM	7	8 Hunterdon Youth Partnership 5:00PM-7:00PM	9	10 Youth Partnership Autumn Fest!
12 --- FSO CLOSED --- TALKING TOGETHER Dad's Support Group 6:00PM-7:00PM	13	14 Grupo de Apoyo en Español 12:00-1:15 PM	15 *Thriving Together Mom Support Group* *12:00-1:30pm*	16	17 Statewide FSO Youth Partnership Conference
19 Grupo de Apoyo en Español 6:30-8:00 PM	20	21	22	23	24
26 Warren Youth Partnership 5:00PM-7:00PM TALKING TOGETHER Dad's Support Group 6:00PM-7:00PM	27 Somerset Youth Partnership 5:00PM-7:00PM	28	29 *Thriving Together Mom Support Group* *12:00-1:30pm* Curso de empoderamiento 6:00-7:00PM Hunterdon Youth Partnership 5:00PM-7:00PM	30	31 TRICK OR TREAT HAPPY HALLOWEEN

Michelle Roussos
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OCTOBER EVENTS - A CLOSER LOOK

Youth Partnership Program

5:00PM-7:00PM

Come join us for our in person youth group!! Each week we host dinner, games, movies, field trips, art activities, and MORE!!

Mondays- Warren County

Tuesdays- Somerset County

Thursdays- Hunterdon County

Talking Together Dad Support Group

October 12th & 26th

6:00PM-7:00PM On Zoom

Bi-Weekly Support Group for dads to meet and discuss the challenges navigating fatherhood. This virtual support group is an opportunity to talk with with peers with a unique understanding of this journey.

Virtual Mom Support Group

October 1st, 15th, & 29th

12:00PM-1:30PM On Zoom

Online Support Group for **all three counties.** An opportunity for moms to meet and discuss the challenges of everyday life. This support group is an opportunity to talk with with other Moms with a unique understanding of this journey.

Grupo de Apoyo en Español

14 de octubre En Zoom
12:00-1:15PM
y
19 de octubre En PERSONA
6:30-8:30PM

Únase a nosotros en este grupo de apoyo para padres y cuidadores con una discusión abierta e intercambio de recursos y apoyo.

Curso de empoderamiento para padres de 5 semanas

29 de octubre
6:00PM-7:00PM En Zoom

Este curso, impartido por Jasmine Nehring, MSW, LCSW, es una magnífica oportunidad para aprender nuevas estrategias con las que apoyar a tu familia. El programa se centra en reforzar tus habilidades de defensa de tus intereses, la organización, el autocuidado, la regulación emocional y el apoyo personal. Recuerda que nunca es mal momento para aprender o reforzar algunas formas de ayudar a tu hijo y hacer que la vida sea un poco más llevadera.

2026 Youth Partnership Autumn Fest

Youth Partnership is headed for the farm! Autumn Fest will include tons of fall fun with hayrides, games, animals, food, and all of our youth partnership friends!!

Statewide Youth Partnership Conference

The NJAFO is hosting a Youth Partnership conference, where the youth will participate in three workshops- two educational, and one creative. The day will be filled with so much fun and educational value!

To register or inquire about any of our groups please contact:

Community Outreach Coordinator Michelle Roussos mroussos@fso-hsw.org
Or Youth Coach Melody Stubbs mstubbs@fso-hsw.org